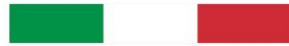


# "ISOLA SARDA"



## Menu

### Antipasti

#### **Bufala alla Caprese £6.95**

*Fresh d.o.p. Buffalo mozzarella, sliced ripe tomato, basil & E.V.O.O*

#### **Antipasto di Mare £8.95**

*Fresh octopus, mussels, squid, king prawns & clams finished with lemon juice & E.V.O.O*

#### **Zuppa dello Chef £4.50**

*Fresh Minestrone soup served with Italian bread & butter*

#### **Carpaccio di Bresaola £9.95**

*Tin slice of dry cured Beef served with Parmesan shaves & rocket*

#### **Cozze alla Marinara £7.95**

*Fresh Mussels sautéed with chilli, garlic & white wine served with Garlic crostino*

#### **Bruschetta dello Chef £5.95**

*Grilled Italian bread rub with garlic & topped with fresh tomato, red onions & lime juice*

#### **Tagliere Sardo x 2pers £14.95, x 1pers £8.95**

*Selections of Italian cured meats, cheeses, Carasau bread & marinated olives*

#### **Cocktail di gamberetti £7.95**

*Fresh water prawns with Marie rose sauce*

#### **Polipo e patate £8.95**

*Fresh cooked Octopus & potatoes finished with lemon juice, E.V.O.O & parsley*

#### **Moscardini alla diavola 9.95**

*Fresh baby octopus slow cooked with chilli, garlic, wine & tomato sauce*

**If u want for only £3.25 you can enjoy a portion of Italian garlic bread**

## ***Pasta e riso***

### ***Tagliatelle Funghi e pollo £8.95***

*Ribbons pasta with chicken stripe, mushrooms & cream finished with Parmesan*

### ***Malloreddus Sardi £9,95***

*Small typical sardinian pasta with Italian sausage, tomato sauce & Pecorino cheese*

### ***Penne Arrabbiata £8.95 (V)***

*Penne pasta with chilli, garlic & tomato sauce*

### ***Risotto allo Scoglio £13.95***

*Arborio rice with with seafood , cherry tomato & chilli*

### ***Lasagna dello Chef £9,95***

*Classic Chef baked beef Lasagna*

### ***Culurgiones £12.95***

*Authentic Sardinian pasta filled with potatoes & cheese with tomato sauce & Pecorino cheese*

### ***Penne al Salmone £9.95***

*Penne pasta with smoked Scottish salmon, brandy & cream*

### ***Fregola Vongole e bottarga £13.95***

*Typical Sardinian small pasta with fresh Clams and bottarga*

### ***Spaghetti alla carbonara £9.95 "Italian style"***

*Spaghetti with Italian guanciale, eggs yolk & Pecorino cheese*

### ***Tagliatelle e polpette £8.95***

*Ribbon pasta with homemade meatballs and tomato sauce*

### ***Linguine all' Astice £19.95 "to be ordet in advance"***

*Large tubes pasta with fresh half Lobster*

## *Secondi “Meat and Fish”*

*Costata di manzo £19.95*

*Scottish 10oz sirloin steak served with potatoes & vegetables*

*Spigola a Limone £16.95*

*Fresh Sea bass fillets in a lemon & capers sauce served with potatoes & vegetables*

*Pollo alla Milanese £14.95*

*Breaded pan-fried chicken fillet served with spaghetti Napoli*

*Filetto ai tre pepi £24.95*

*Scottish 8oz fillet steak in green, black & pink peppercorn sauce with potatoes & vegetables*

*Pollo ai Funghi £14,95*

*Chicken Fillet in succulent Mushrooms, wine & cream sauce served with vegetables & potatoes*

## *Insalate “Salads”*

*Insalata Caprese £9.95 “Mains” (V)*

*Fresh Buffalo mozzarella, slice ripe tomato, basil & E.V.O.O*

*Insalata Grega £10.95 (V)*

*Mixed salad leaves, tomato, cucumber, red onion, black olives & feta cheese*

## *Sides*

*Insalata Mista £3.95 (V)*

*Mixed salads leaves, tomato & red onions*

*Pomodorini e rucola £3.95 (V)*

*Fresh tomato, rocket and shaves Parmesan*

*Patatine fritte £3.45 (\*)*

*French frice*

## ***Pizze***

### ***Margherita £7.95 (V)***

*Fresh Fior di latte mozzarella, San Marzano tomato sauce, basil & E.V.O.O*

### ***Crudo e grana £9.95***

*Fresh mozzarella & tomato sauce topped with Parma ham, rocket & Parmesan shaves*

### ***Sarda £10.95***

*Fresh tomato sauce, mozzarella, red onion, italian sausage & gorgonzola cheese*

### ***Bufalina £9,95 (v)***

*Fresh Buffalo mozzarella, San Marzano tomato sauce, basil & E.V.O.O*

### ***Fruttti di mare £11.95***

*With Sea food, tomato sauce & mozzarella topped with fresh rocket*

### ***Calzone Napoletano £11.95***

*Typical stuffed Neapolitan pizza with salame, mozzarella, tomato, ricotta cheese & basil*

## ***Dolci "Desserts"***

***Tiramisu "classic Italian Tiramisu" £4.95***

***Seadas "fried Sardinian pastry filled with cheese" topped with honey" £5.95***

***Pannacotta "Homemade vanilla panna cotta served with red fruit coulis" £4.95***

***Coppa Amarena "Italiani vanialla ice cream topped with amarenene cherry" £4.95***

***Affogato "Italiani vanillae cream topped with espresso coffee" £4,95***

***Thanks for visiting us, Grazie***